

# Work with Women



**We recognise that each woman we meet is unique and may have very different needs from the next. The package of support that we offer is tailored to each individual, and our work is intensive at times due to the level and complexity of those needs.**

**We provide a variety of different support for women of all ages:**

- Emotional support
- Confidence and self-esteem building
- Support with family and relationship problems
- Women's issues
- Help with English

