



Our services start for people over the age of 50 who are not able to work and may need more support due to ill health or a disability.

We offer:

- A visiting and befriending service in the home
- A fortnightly friendship group in our centre
- Trips out to different places of interest
- A chance to socialise in a friendly environment
- A weekly telephone befriending service

This helps people feel less isolated, more confident, more independent, included and valued.

This helps people to feel:

- Less isolated
- More confident
- More independent
- Included and valued

For those over 60 years old we also offer:

- Practical support to attend NHS appointments
- Occasional respite for carers
- Practical support with light domestic duties and shopping
- Cold weather basic shop delivered to their door



Heathfield Park Luncheon Club

We run two lunch clubs in partnership with Holy Trinity Church, in different venues in Heath Town. This is a great opportunity for older people to meet, socialise, enjoy a healthy, hot meal together and have a game of Bingo.

If you, or someone you know, would benefit from the friendship and care offered, please contact us for more information or drop into the centre for a chat.



Registered in England & Wales - No. 7334536
Reg Charity - No. 1139362

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Supported By

Father
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