

# Give something back to your community



- **Come along, join in and be part of a team.**
- **Working with those in the community to make a difference.**
- **Learn new skills and make friends.**
- **Feel empowered by helping others.**



"Since retiring I have joined Hope as a volunteer doing outreach, lunch club and friendship group. This has fulfilled my desire to help others and be part of a happy team. I look forward to going to Hope, they are one big happy family."  
**Marlene**